

PK KB LIM 26: Session: 2: COACH evaluation sheet for TEAM: ZDKB

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:1, starttime: 14:04
Heat: 1/11 Lane : 3 Athlete: LAPIERRE EMMA					Q-time: 01:32:21
PB (25m pool): 01:32.21 Hasselt 04/05/2025					PB (50m pool): 01:24.66 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.44		01:32.21	
		00:42.44		00:49.77	
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:5, starttime: 14:12
Heat: 5/11 Lane : 5 Athlete: VANDEVENNE FEBE					Q-time: 01:12:37
PB (25m pool): 01:12.06 Maastricht 30/12/2024					PB (50m pool): 01:13.42 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.11		01:12.06	
		00:34.11		00:37.95	
					

Coach feedback:

Event number: 11: 200M MEDLEY MEN 11+							Heat:5, starttime: 14:40	
Heat: 5/8 Lane : 7 Athlete: SWENDROWSKI MILAN							Q-time: 02:45:03	
PB (25m pool): 02:45.03 Lommel 22/02/2026							PB (50m pool): 02:49.14SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.00		no time		no time		02:45.03
	00:33.00							
								

Coach feedback:

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Event number: 11: 200M MEDLEY MEN 11+							Heat:6, starttime: 14:43	
Heat: 6/8 Lane : 5 Athlete: SWENNEN LARS							Q-time: 02:32:30	
PB (25m pool): 02:32.30 Hasselt 12/10/2025				PB (50m pool): 02:35.11 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.84		01:13.77		01:57.59		02:32.30
	00:32.84		00:40.93		00:43.82		00:34.71	
								

Coach feedback:

Event number: 12: 100M BREASTSTROKE WOMEN 13+					Heat:2, starttime: 14:54
Heat: 2/5 Lane : 5 Athlete: VANDEVENNE FEBE				Q-time: 01:29:88	
PB (25m pool): 01:29.88 Hasselt 04/05/2025			PB (50m pool): 01:32.51 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.11		01:29.88	
	00:42.11		00:47.77		
					

Coach feedback:

Event number: 12: 100M BREASTSTROKE WOMEN 13+							Heat:3, starttime: 14:57	
Heat: 3/5 Lane : 1 Athlete: COEMANS KAAT						Q-time: 01:28:36		
PB (25m pool): 01:28.36 Hasselt 12/10/2025				PB (50m pool): 01:28.14 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:42.34		01:28.36				
	00:42.34		00:46.02					
								

Coach feedback:

Event number: 13: 200M BACKSTROKE MEN 13+							Heat:1, starttime: 15:18	
Heat: 1/2 Lane : 3 Athlete: REPRIELS ARTHUR							Q-time: 02:36:02	
PB (25m pool): 02:36.02 Beringen 16/03/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.72		01:18.22		no time		02:36.02
	00:37.72		00:40.50					
								

Coach feedback:

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Event number: 15: 50M BUTTERFLY MEN 11+			Heat:6, starttime: 15:50
Heat: 6/8 Lane : 3 Athlete: SWENNEN LARS			Q-time: 00:30:18
PB (25m pool): 00:29.13 Bilzen 12/01/2025			PB (50m pool): 00:30.06 SB: no time
	2 5 M	5 0 M	
PB		00:29.13	
		00:29.13	
			

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 13+			Heat:2, starttime: 15:56
Heat: 2/7 Lane : 1 Athlete: WOLFS LOLA			Q-time: 00:42:64
PB (25m pool): 00:42.64 Maastricht 30/12/2025			PB (50m pool): 00:45.25 SB: no time
	2 5 M	5 0 M	
PB		00:42.64	
		00:42.64	
			

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 13+			Heat:3, starttime: 15:57
Heat: 3/7 Lane : 4 Athlete: COEMANS KAAT			Q-time: 00:37:45
PB (25m pool): 00:37.45 Bree 31/05/2026			PB (50m pool): 00:39.10 SB: no time
	2 5 M	5 0 M	
PB		00:37.45	
		00:37.45	
			

Coach feedback: